

Dr Roger Mysliwicz MCNZ, DKPM, PBANZ, IAAN Co-founder & Director, New Zealand Eating Disorders Clinic, AUCKLAND

Dr Roger Mysliwicz is co-founder and Director of the specialist outpatient New Zealand Eating Disorders Clinic (NZEDC).

With more than 30 years of experience working in eating disorders arena, Dr Mysliwicz is considered one of New Zealand's leading experts in the field.

He trained in Germany as a medical doctor before qualifying as a specialist in psychosomatic and psychotherapeutic medicine. He then worked in a psychosomatic hospital and in private practice in Germany before emigrating to New Zealand.

Dr Mysliwicz was Clinical Director of the Regional Eating Disorders Service in Auckland from 1999 until 2014. He is the current President of the International Association of Applied Neuroscience (IAAN), and an accredited Clinical Supervisor of IAAN. He provides supervision and workshops for clinicians working in the field of eating disorders and mental health in New Zealand and Australia.



Dr Mysliwicz has played a significant role in the development of a national framework and the expansion of eating disorders services in the Auckland region. He has a strong interest in integrating the findings of neuroscience into the treatment of eating disorders. Notably, he provides specialist evidence based treatment for patients presenting with anorexia nervosa, bulimia nervosa and binge-eating disorder.

Dr Mysliwicz has undergone training in Maudsley Anorexia Treatment for Adults (MANTRA), Cognitive Behavioural Therapy (CBT-E), Specialist Supportive Clinical Management (SSCM), Family Based Treatment (FBT) as well as Adolescent Focused Therapy (AFT) and Integrative Cognitive Affective Therapy (ICAT).

Dr Mysliwicz is supporting the Eating Disorders Genetics Initiative (EDGI) because he believes there is great value in understanding the genetics of eating disorders and their contribution to the aetiology of eating disorders. This will enhance the chances of developing more individually tailored treatments, as well as inform prevention initiatives. This will have the potential to revolutionise research in this area and make a real difference to the lives of those affected.

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