

Dr Andrea LaMarre, PhD

Researcher & Lecturer in Critical Health Psychology, Massey University, AUCKLAND

Dr Andrea LaMarre graduated with a Bachelor of Arts, majoring in Sociology in 2012. She then undertook a Master of Science and later a PhD in Family Relations and Human Development from the University of Guelph in Ontario, Canada.

Following her PhD, Dr LaMarre worked as a postdoctoral fellow at the Propel Centre for Population Health Impact at the University of Waterloo, Canada.

Dr LaMarre is currently working as a Lecturer at Massey University in Auckland, where she specialises in critical health psychology.

She uses qualitative and arts-based methods to approach issues from a critical health psychology lens. Her research is primarily focused on eating disorders, body image, embodiment, and weight stigma.



Dr LaMarre's is committed to increasing access to quality and appropriate care for those living with eating disorders, including the many New Zealanders who need support. She applies this through research, teaching, speaking, blogging and filmmaking.

Her recent facilitation experience at *Art with Impact* – a not-for-profit organisation operating in Canada and the USA – combined her knowledge of eating disorders and filmmaking to facilitate interactive workshops designed to use film to challenge mental health stigma among undergraduate and college students.

Dr LaMarre's previous research in the eating disorders space investigated the body management practices and experiences of lesbian, gay, bisexual, transgender and queer (or questioning) and other (LGBTQ+) women in a community-engaged research project. Her research has also focused on eating disorder recovery, and what that looks like for different people working on overcoming their eating disorders, as well as their supporters.

She perceives eating disorders and their prevention, research and treatment as a social justice issue, and utilises this lens to stimulate dynamic and engaging discussions with audiences at public speaking events, or through her online blog.

"I'm supporting the Eating Disorders Genetics Initiative (EDGI) because I believe in having complex conversations about eating disorders and their impact on those with a lived experience, and their supporters," said Dr LaMarre.

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